

Set Menu Served Tuesday to Saturday 6pm – 8.30pm

Two courses £30

Three courses £38

### Appetisers

Mixed Spanish Olives £3 vg gf

Homemade salt & pepper crisps & hummus £3 df gf

Smoked mackerel pate & croutons £4 gfo

### Starters

Roasted tomato soup – tomato fondue – tomato bread – pesto – toasted pine nuts (v)

Shellfish bisque – white crab & lobster tortellini – pickled fennel – parmesan crouton

Tempura fish taco – tortilla – avocado – coriander – lime – pickled red onion – spicy mayo

Squid – coconut lemongrass & chilli broth – beansprouts – mangetout – coriander oil

### Mains

Agnolotti – blue cheese – walnuts – braised chicory – port & beetroot sauce (v)

Cornish brown crab risotto – lemon – chilli – parsley – parmesan (gf)

Pan fried hake – leeks – mussel risotto – breaded oyster – tempura samphire

Monkfish coconut curry – mussels – prawns – seaweed cracker – saffron rice – crab samosa (df)

### Chargrilled Steaks

We have provided the Chefs cooking recommendation for each cut of steak.

All steaks are served with hand cut chips, confit shallot & Caesar salad

8oz Sirloin Medium

8oz Ribeye Medium Rare (£5 supplement)

8oz Fillet Rare (£8 supplement)

### Steak sauces – butter - rubs

Mushroom red wine sauce £2.50 df gf

Peppercorn sauce £2.50

Blue cheese sauce £2.50

Soy & sweet chilli £2.50

Garlic & herb butter £1 gf

Peppercorn rub £1 gf df

Rosemary & garlic rub £1 df gf

Chilli & garlic rub £1 df gf

v: vegetarian

df: dairy free

gf: gluten free

gfo: gluten free option available

Please inform a member of staff if you have an allergy or dietary requirement, not all allergens are listed on the menu.

Suppliers: we try to use just local suppliers to keep our carbon footprint as low as possible, and to keep it Cornish!

Meat: Harvey Brothers Butchers (Just up the road!)

Fish & Shellfish: Celtic fish & game (St. Ives) & various independent fishermen

Fruit & vegetables: Westcountry fruit sales (Falmouth)

Dairy: Mounts Bay Dairy (Crowlas)

Dry & other goods: Forest Produce (Exeter) Penwithian (Penzance)

Wines & Soft Drinks: Ellis Wharton LTD (Indian Queens) Polgoon (Penzance)